



**El Camino Real
Academy**
FAMILY NEWSLETTER
November 6, 2020



WELCOME

Hello ECRA families!
Here are the current updates for November. If you have any questions regarding anything in this newsletter or anything else, please feel free to reach out to the school. We will be happy to assist you in any way possible.

NOVEMBER EVENTS

- November 11th : Veteran's Day
(no school)
- November 12th : Math/Science Night
- November 23rd- 27th: Thanksgiving Break
(no school)

ALL MEETING/EVENTS ARE VIRTUAL



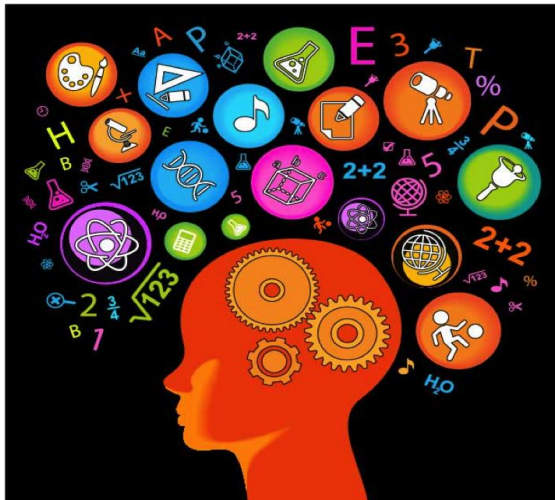
VETERAN'S DAY

There will not be any classes on November 11th in honor of Veteran's Day.

Be sure to thank a Veteran!

MATH AND SCIENCE NIGHT

You will be receiving a flyer with a link to the event soon. Students will need paper (white and unlined), scissors, and paperclips for one of the activities if they wish to participate. There will be plenty of other activities that do not require supplies.





IDEAS TO

PRACTICE KINDNESS

How can you be kind and still protect yourself and your family? Here are some ideas:

- ❖ **Be a good neighbor.** Check in with your neighbors to make sure they have what they need and to let them know they have people that care. Be especially aware of elderly neighbors and people that live alone. You know all that technology we have - let's use it like never before to truly connect.
- ❖ **Support local businesses.** Order takeout or buy gift cards for later use. Send a Facebook message to remind them that very soon, we will all be back out and about again to visit their business.
- ❖ **Have family time.** Play the board games that your kids always want to play, but you never really play. Have a basketball goal? Play a family game of HORSE. Actually use the fire pit you put in years ago.
- ❖ **Pick up the phone.** Call grandma, your favorite aunt, your best friend. Use FaceTime to see the face of someone you love or at least just call them to hear their voice. We are going to need to do better than merely texting right now.

Read the rest of this article at <https://inspirekindness.com/blog/practicing-kindness-during-the-coronavirus> for more great ideas.



MEAL PICK-UP

There will not be a meal pick up on Wednesday, November 11th due to the holiday. The make-up day will be Thursday, November 12th from 1:30 p.m. to 5:30 p.m. The schedule will return to normal the following week.



Click on the image for more information about Monthly Wednesday: An Hour for You & Your Wellbeing:



PROGRESS REPORTS

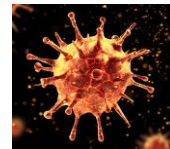
Progress reports will be sent home on November 20th.

Click on the image to learn more about the Girls and STEAM 2020 Virtual Symposium:

VIRTUAL EVENTS

Here are some more free events that are not sponsored by ECRA, but we thought you might enjoy.

Click the image for more information about Gentle Yoga for Terrible Times:



If any family has a positive case of COVID-19, please contact Brenda Garcia or Jennifer Mercer at 505-314-2212 as soon as possible.

Thank you for helping us keep everyone safe!

